



Opal Trout HILL

Opal Trout Hill (1892-1981) was one of the most popular professional golfers of her day. A practicing nurse, Opal took up golf during her early 30s when her doctor prescribed fresh air and exercise to alleviate a kidney infection. Soon, she was practicing up to 10 hours a day and winning amateur tournaments. Opal became the third American woman to turn professional and won medals in the U.S. Open and Curtis Cup Match in England. After retiring, she returned to nursing and gave golf lessons at local clubs until she reached her 80s.